

Physician Burnout



**WHY
CHOOSE
OUR
BILLING
COMPANY?**

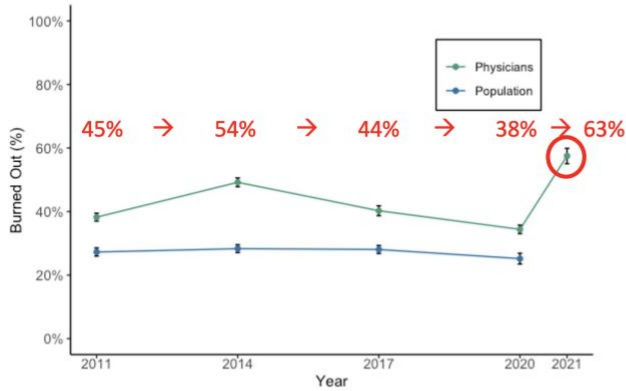


Physician Burnout Definition:

“A stress reaction marked by depersonalization, emotional exhaustion, a feeling of decreased personal achievement and a lack of empathy for patients” AMA Definitions

Physician Burnout Trend 2011-2021

Figure 2A: Overall burnout 2011-2021



*40% > than gen pop: controlled for hrs worked, educational level, age, gender, relationship status

[https://www.mayoclinicproceedings.org/article/S0025-6196\(22\)00515-8/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(22)00515-8/fulltext)



2020 → 2021 (Physicians)

Burnout: 38% → 63%

Choose medicine again: 72% → 57%

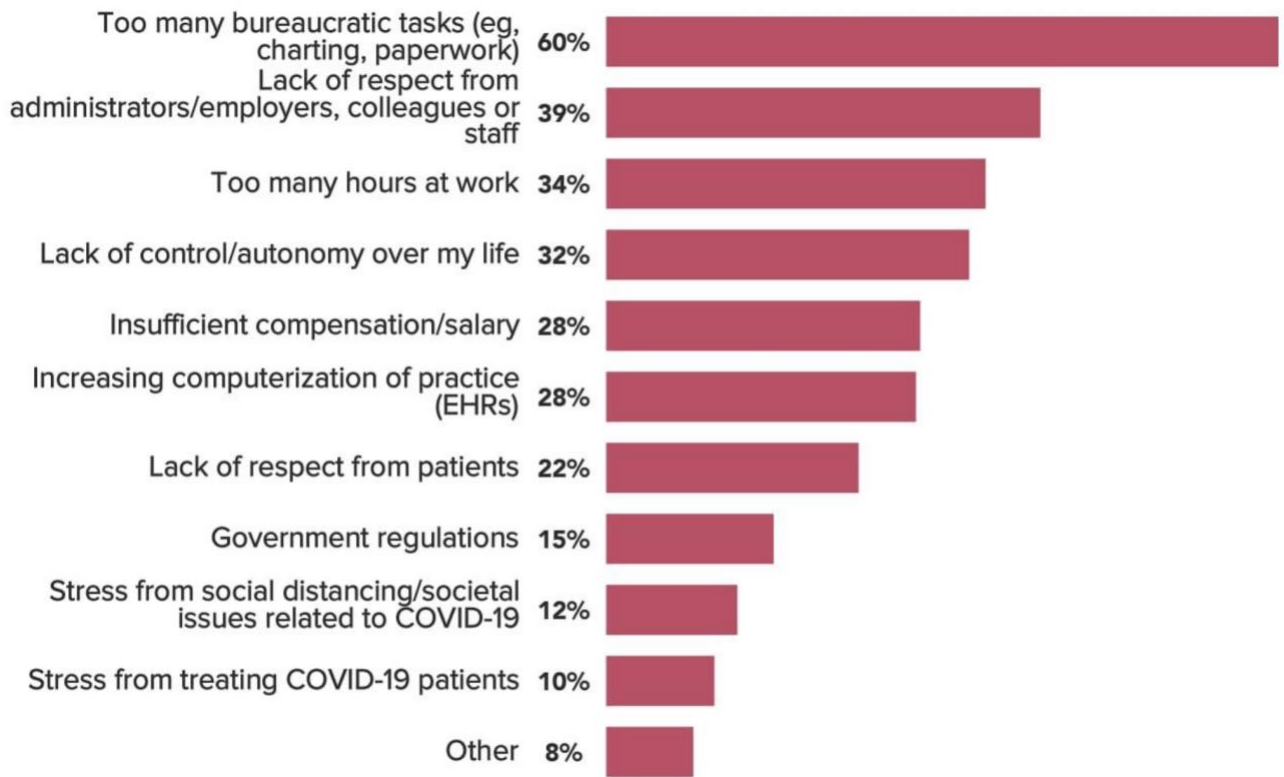
Professional fulfillment 40% → 22%

Work-life integration 46% → 30%

Above trend shows the increasing graph of Burn out percentage of physicians from the survey done by mayoclinicproceedings. Burnout percentage has increased to 63% from 38%.

Majority Percentage of respondents chose not to join medicine again, most of them also gave a thumbs down when it comes to professional fulfillment and Work-Life Integration.

What contributes Most to Physicians Burnout?



We at Total RCM Solutions understand the reason for Physicians Burnout and we are here to help on many tasks starting from handling EHR's, Paper works, understand Government regulations which will indeed help in reduced working hours and increase in revenue.

Credits: American Medical Association